

**ALLIED HEALTH CREDENTIALLING &  
DEFINING SCOPE OF CLINICAL PRACTICE****PART B: PHYSIOTHERAPY  
Cardiorespiratory****LIST OF ADVANCED SKILLS**

Name of clinician:
Position:
Date document completed:

**Section 1: Instructions to applicants****Details about the credentialling and scope of practice process at Southern Health:**

- One of the goals of the Southern Health 2007 – 2010 Strategic Plan is to ensure that all clinical staff are appropriately skilled, trained and credentialled to undertake their roles and responsibilities. A process for credentialling and defining the scope of practice of allied health staff at Southern Health has been developed in response to this goal.
- A 2-part process has been created for use with newly recruited allied health staff who are appointed to clinical positions at Southern Health.
- Part A is a credentialling document where details of the clinician's qualifications and registration details are documented.
- Part B lists the core skills and advanced skills for each allied health discipline. The core skills reflect the minimum set of skills an allied health clinician is expected to have at Southern Health regardless of experience level or caseload. Advanced skills frequently require additional training and/or qualifications by the clinician. Together the core skills and advanced skills define the scope of practice permitted within an allied health discipline at Southern Health.
- All documents are treated with strictest confidence by line managers. Documents provided by applicants who aren't successful will be confidentially shredded and removed.

**Definitions of core skills and advanced skills:**

- *Core skills* are the fundamental practices, knowledge, attitudes and skills that each discipline use routinely in the delivery of safe, efficient and effective patient care. They are the unique practices and skills that define each individual discipline.
- *Advanced skills* are defined as any additional procedures and skills that are considered within a discipline to be an expert area in the delivery of safe, efficient and effective patient care that commonly require additional training, qualifications and experience.

**Instructions for all applicants who apply for an allied health vacancy at Southern Health:**

- The Part A document needs to be completed by the applicant and uploaded to the Southern Health recruitment website along with your resume and cover letter.
- Applicants **do not** need to complete the Part B section during the recruitment process. It is provided for your information only. The Part B document is used with the successful candidate only within the first 4 weeks of their employment at Southern Health.

**Instructions for the successful applicant who is recruited into the vacancy:**

- Please inform your line manager if you didn't complete and upload the Part A document when applying for the position at Southern Health.
- The Part B document will be completed within the first 4 weeks of employment in conjunction with a senior member of staff.
- The core skills and advanced skills are divided into 4 areas including assessment, diagnosis, intervention and evaluation/monitoring.
- When completing this document, please tick the box corresponding to the core skills and advanced skills that you have the appropriate qualifications and experience to perform in your role at Southern Health.
- It is reasonable to expect there may be advanced skills that you have not yet acquired based on your skills and experience or may not be relevant to your role. These can be discussed with your line manager.
- Please sign and date the final section of the document.

**Section 2: List of advanced skills**

**1. Assessment**

The process of identifying and evaluating the key issues for a patient/client. It can involve the administering of formal or informal assessment procedures.

Conduct an appropriate patient subjective assessment on a cardiorespiratory patient.	<input type="checkbox"/>
Conduct a safe and appropriate objective assessment on a cardiorespiratory patient.	<input type="checkbox"/>
Interpret and analyse assessment findings to develop a problem list for the cardiorespiratory patient.	<input type="checkbox"/>
Identify risk management, contraindications and precautions for cardiorespiratory patients.	<input type="checkbox"/>
Demonstrated understanding of health promotion and the social model of health.	<input type="checkbox"/>
Integrating health promoting practice into assessment activities.	<input type="checkbox"/>

**3. Intervention**

Using previously obtained information, intervention involves the process of selecting, planning and implementing purposefully planned actions and goals designed with the intent of changing behaviour, risk factors, environmental conditions or aspects of the health status for a patient/client. These procedures are governed by the principles of evidenced based practice.

Safe and appropriate insertion of nasopharyngeal and guedel airways.	<input type="checkbox"/>
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Safe and appropriate suctioning techniques.	<input type="checkbox"/>
Perform sputum clearance including postural drainage.	<input type="checkbox"/>
Perform sputum clearance including percussion and vibes.	<input type="checkbox"/>
Perform sputum clearance including bubble pep.	<input type="checkbox"/>
Perform sputum clearance including ACBT.	<input type="checkbox"/>
Safe and appropriate application of CPAP/BiPAP – (only to be started in consultation with Grade 2).	<input type="checkbox"/>
Conducts breathing exercises.	<input type="checkbox"/>
Conducts therapeutic exercise prescription related to cardiorespiratory conditions.	<input type="checkbox"/>
Monitoring of clinical symptoms during treatment.	<input type="checkbox"/>
Interpret and analyse arterial and venous blood gases.	<input type="checkbox"/>
Interpret and analyse CXR.	<input type="checkbox"/>
Conduct appropriate chest auscultation.	<input type="checkbox"/>
Perform manual blood pressure measurements.	<input type="checkbox"/>
Conduct Pulmonary Rehabilitation groups.	<input type="checkbox"/>
Conduct Cardiac Rehabilitation groups.	<input type="checkbox"/>
Demonstrated understanding of health promotion interventions.	<input type="checkbox"/>

#### 4. Monitoring and evaluation

Involves the active monitoring and evaluation of patient/client outcomes directly related to the diagnosis and intervention to determine the degree to which progress is being made and goals or desired outcomes are being achieved. The patient/client's progress is monitored, measured, adjusted and evaluated until the patient/client is discharged from the service.

Evaluate effectiveness of physiotherapy intervention and make changes as required.	<input type="checkbox"/>
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<b>Conditions:</b> Have an understanding of management principles related to the following	
ICU / Ventilated patients	<input type="checkbox"/>
Tracheostomies	<input type="checkbox"/>
Cystic Fibrosis	<input type="checkbox"/>
Cardiac Surgery	<input type="checkbox"/>
COPD	<input type="checkbox"/>

**Section 3: Signature**

Signature of allied health clinician:
Date:
Signature of manager:
Date: